



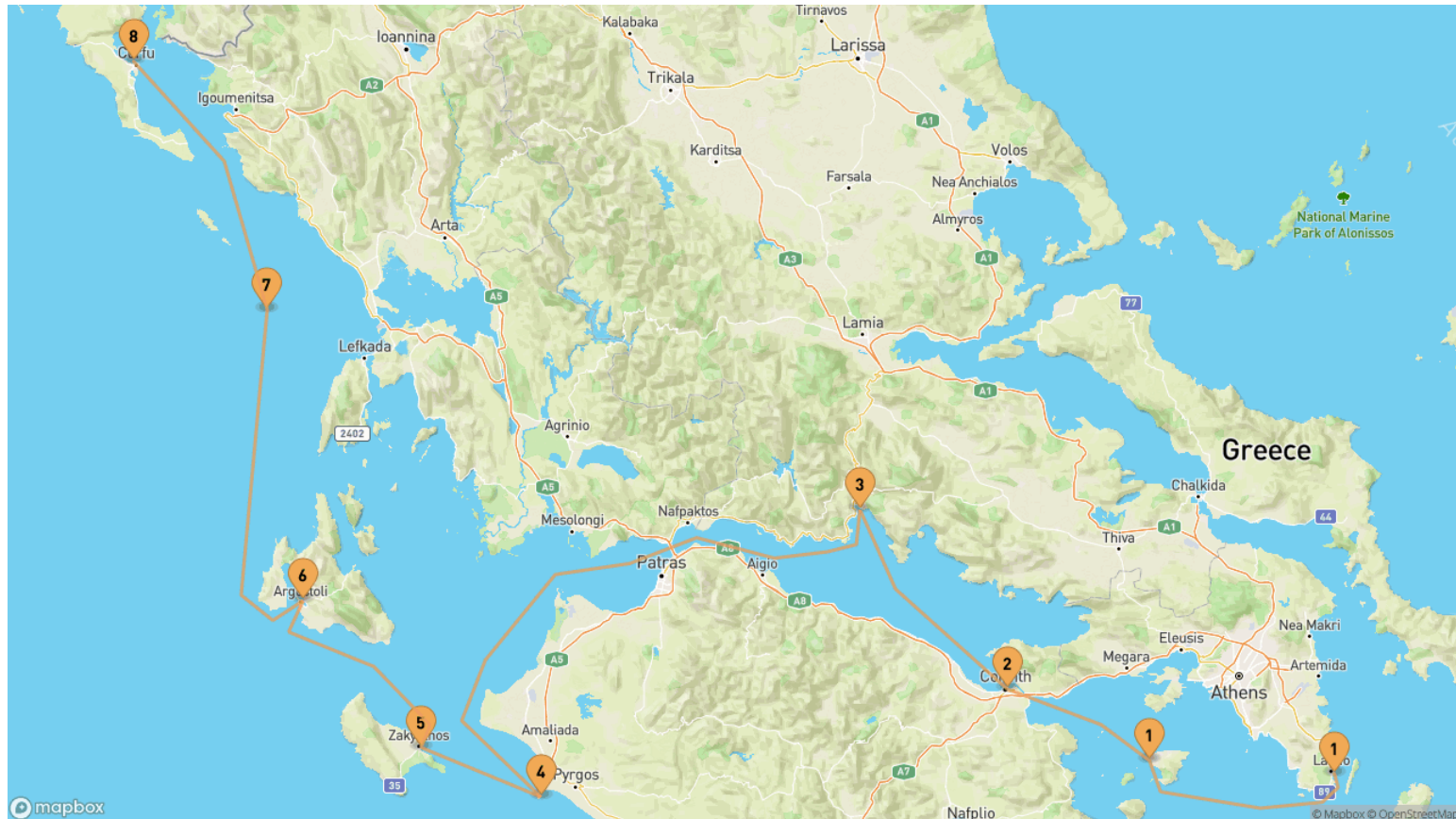
ATHENS-AEGINA-CORINTH CANAL-ITEA-KATAKOLO-ZAKYNTHOS-KEFALONIA-CORFU

Explore Greece on an unforgettable bike cruise!

From Athens to Corfu, ride through breathtaking landscapes, visit ancient landmarks, and soak in the charm of Greek islands.

This journey blends cycling, history, and culture for the ultimate adventure.

- Regions / Countries: **Greece**
- Duration: **8 Days / 7 Nights**
- Tags: **Mainland port, Town, Island, Popular, City, Greenery**
- URL: <https://embarq.travel/boats/running-on-waves/bike-and-sail-cruise-2025-athens-corfu/>



Day 1



[Greece](#) / [Lavrion](#)

Mainland port, Town

Lavrion port is a major hub for ferries and cruise ships that connect Athens with the Cyclades islands. It is situated on the southeastern coast of Attica, and it offers easy access to popular destinations like Kea, Kythnos, and Serifos. The harbor is equipped with modern facilities and services, such as cafes, restaurants, and shops, as well as a marina for private yachts. Lavrion is also known for its rich history and cultural heritage, as it was an important center of silver mining and naval trade in ancient times.



[Greece](#) / [Aegina](#)

Island

Finest pistachio of the world, olive groves, and some of the most significant monasteries and temples of Greece. Aegina is unspoiled by tourists and represents genuine life without the extra buzz.



[Aegina pistachio](#)

Nature

Feel the exceptional flavor and aroma of Aegina pistachio. Orchards are spread throughout the island.

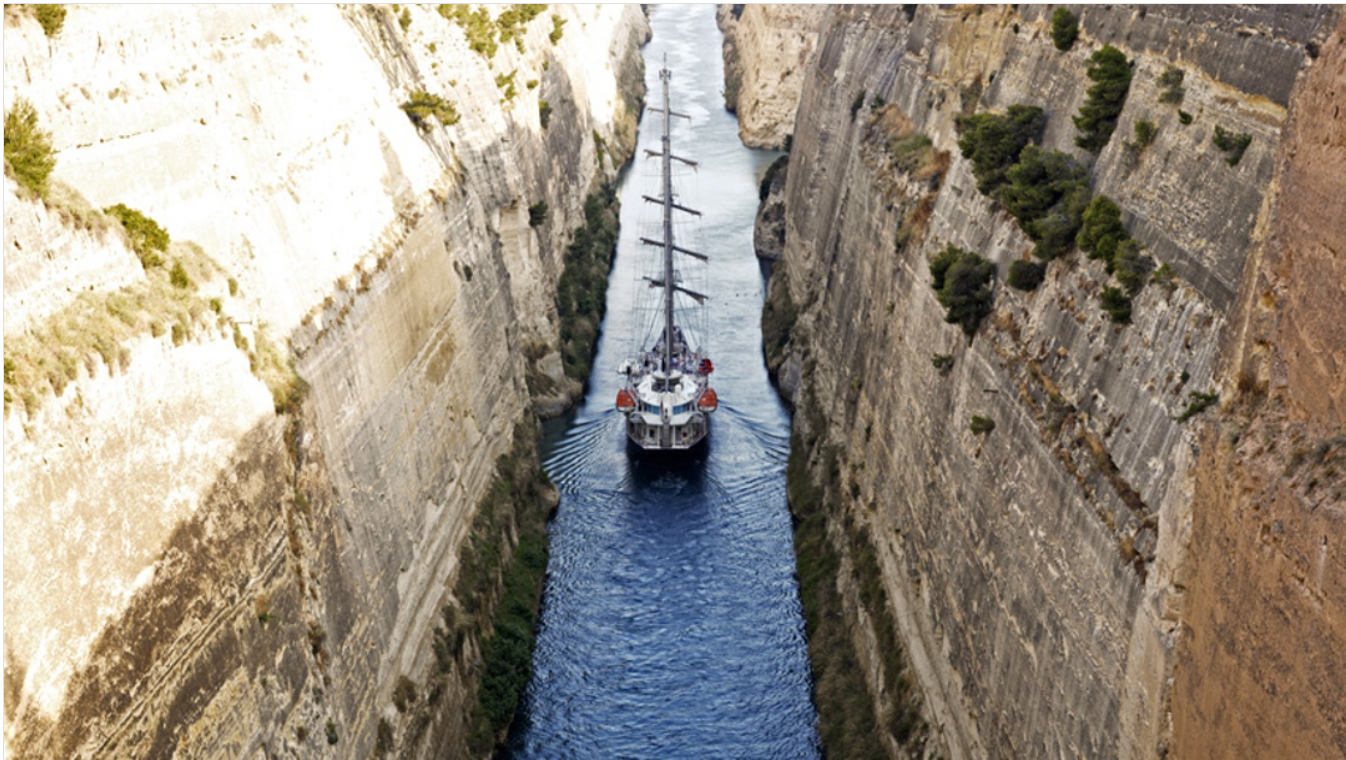
[Temple of Athena Aphaia](#)

Historic, Architecture, Culture

Take the chance to look out to the distant Acropolis of Athens and Temple of Poseidon in Sounio from the hill at the Temple of Athena Aphaia, which is one the angles of this Sacred Triangle.



Day 2



[Greece / Corinth](#)

Mainland port, Popular, City

Touch a legend, witness Corinth canal, a man-made miracle, and Ancient Corinth – whilom immensely wealthy and powerful city, a highly desirable conquest.



[Corinth Canal](#)

Special

A historic canal that connects the Gulf of Corinth with the Saronic Gulf, located near the port of Athens. Visitors can take a boat tour to see the canal up close and appreciate the impressive engineering feat that created this important waterway.

Day 3



[Greece](#) / [Itea](#)

Mainland port, Town

Delphi is the main goal of sailing to Itea's port. Delphi is the ancient sanctuary that grew rich and greatly influential as the seat of Pythia, the oracle who was consulted about important decisions throughout the ancient world.



[Ancient Delphi](#)

Historic, Architecture, Culture

Imagine yourself in 4th century BC following the sacred path to Apollo temple.

Arriving to Itea port – it's where Apollo carried first Delphi priests. He took a shape of a dolphin and showed them the way. So maybe Delphi took its name after Apollo Delphinios. Another version is that Delphi comes from delphys (womb), indicating archaic veneration of Gaia at the site.

Cycling to Delphi

Cycling: ~36km.

Route: Itea Marina → Delphi village → Delphi archaeological site → Return to the marina.

Elevation: ~586m.

Estimated moving time: ~1h30min.

The route involves significant uphill segments.

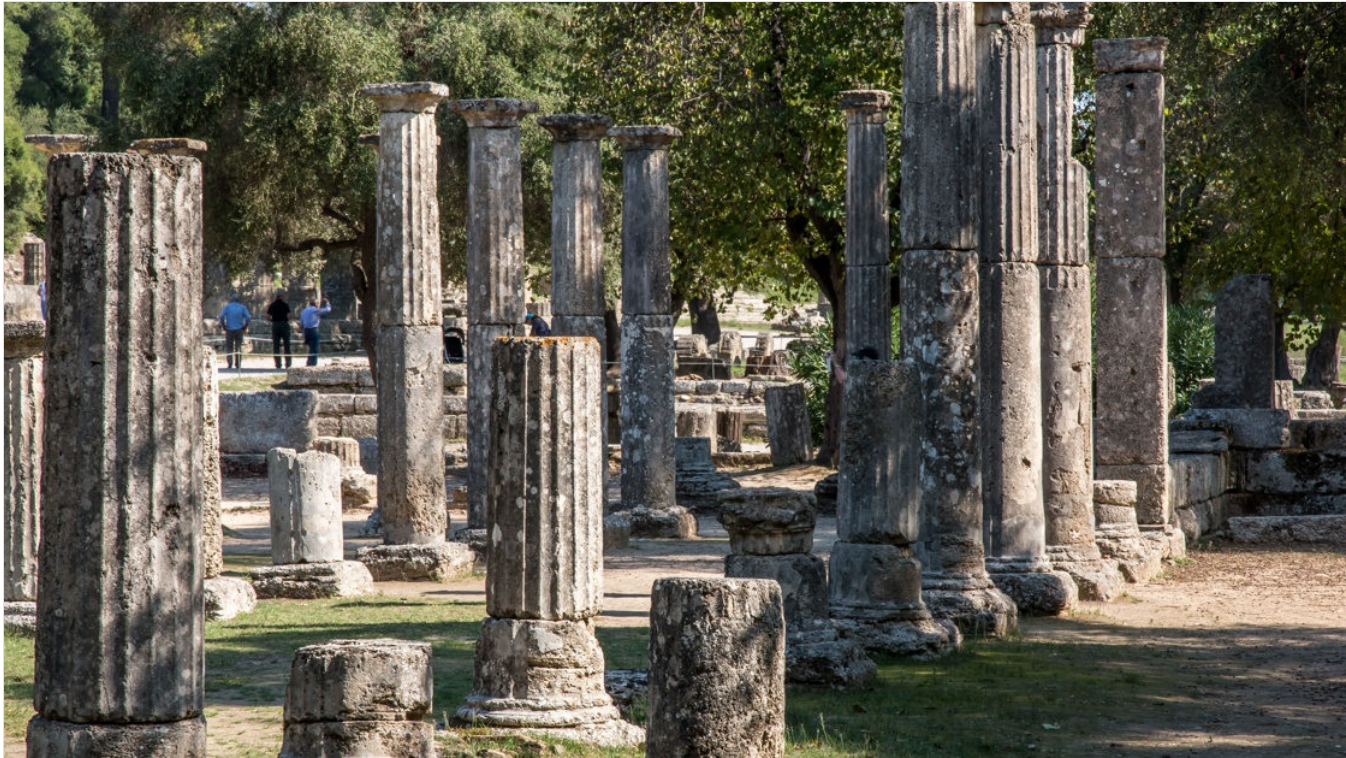


[Moka Honey and Olive Farm](#)

Food, Traditional, Wellness

Greek bee-olive heaven.

Day 4



[Greece](#) / [Katakolo](#)

Mainland port

Katakolo is the port for the homeland of the Olympic Games.



[Ancient Olympia](#)

Historic, Architecture

Discover ruins of ancient Olympia – the homeland of Olympic Games

Cycling to Olympia

Cycling: ~66km, circular route.

Route: Katakolon Marina → Archaeological site of Ancient Olympia → Return to the ship.

Elevation: ~147m.

Estimated moving time: ~2h40min.

High traffic.



Magna Grecia Farm and Restaurant

Food, Traditional, Restaurant, Wellness

4th generation family owned and run farm house estate established in 2009. With more than 2.000 olive groves and a further 1.500 new olive trees being planted within the PDO (Protected Designation of Origin) area of Olympia thus ensuring the quality and authenticity of the products.

Day 5



[Greece](#) / [Zakynthos](#)

Venetians called Zakynthos the Flower of the East due to natural wonders: the Shipwreck beach, the arcade of blue caves, National Marine Park sheltering rare Caretta-Caretta turtles, thickets of cypresses, pine trees and olives and sugar-fine sand beaches. All this framed with sounds of mandolin kantades.



Cycling to Navagio beach

Cycling: ~39km.

Route: Zakynthos Marina → Navagio Beach viewpoint → Return to the ship near the beach.

Elevation: ~740m.

Estimated moving time: ~1h38min.

There are steep climbs to consider. Includes significant uphill sections.

[Gerakas National Park](#)

Beach, Nature, View

Lush green peninsula with a tranquil calm beach.



Day 6



[Greece / Kefalonia](#)

Greenery, Island, Popular

Kefalonia welcomes you with the world's best beaches, rare *Caretta-caretta* turtles and wild Black Mountain. Mystery seems to live everywhere here: in caves with underground rivers, with sacred snakes coming to Lagouvarda monastery, and at archeological findings.



[Caretta caretta turtle](#)

Wildlife

See famous *Caretta caretta* turtle nests on many of the Kefalonia beaches

[Melissani cave](#)

Cave

Underground lake filled with brilliant blue water from an underground current which mysteriously flows right under the island



[Myrtos beach](#)

Beach

One of the 10 most beautiful beaches in the world

[Vintage cars collection tour](#)

Museum

Take photos in cult Alfa Romeo or Mini models of the first release





Cycling to Myrtos beach

Cycling: ~80 km, circular route.

Route: Argostoli Marina → Melissani Lake → Myrtos Beach → Return to the ship.

Elevation: ~900m.

Estimated moving time: ~3h20min.

This is a demanding ride in terms of distance and elevation.

Day 7



AT SEA. Activities onboard.

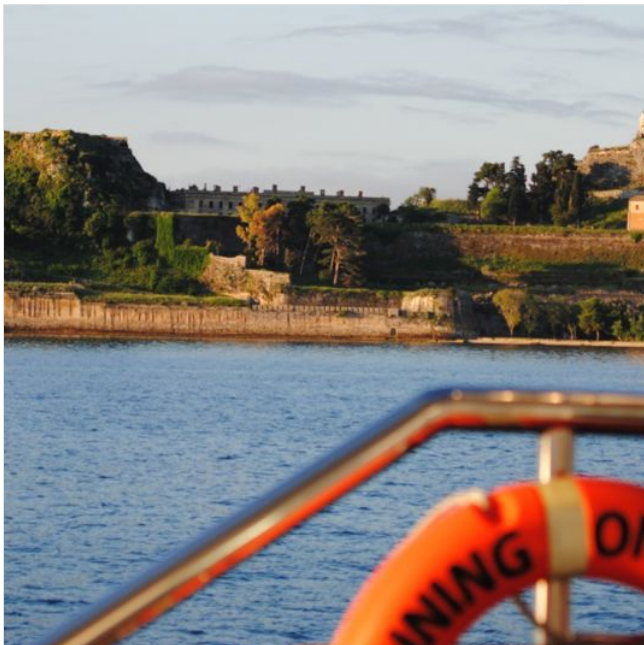
Day 8



[Greece / Corfu](#)

Island, Popular, Greenery

Corfu, the most green Greek island verdurous with old olive and pine trees, holds you with emerald waters of its many-faced beaches and entices you with its old town through Italian and French squares, and ancient fortresses and temples.



[Old Fortress of Corfu](#)

