



Classical Cycladic cruise sprinkled with yoga practices on board and on land with an expert headliner.

- REGIONS / COUNTRIES:  Greece
- DURATION: 8 Days / 7 Nights
- TAGS: Mainland port, Island, Popular, Nightlife
- URL: <https://embarq.travel/boats/running-on-waves/aegean-cruise-2024-yoga-retreat-plus/>



# Day 1



## Greece / Athens-Piraeus

📍 Mainland port

City where you can find a Roman tomb in the basement of the clothing store and a metro station where you can walk through the remnants of an ancient necropolis.



# Day 2



## Greece / Syros

Island, Popular

The head island of all the Cyclades and Dodecaneses. The island is famous for its vast array of options for gastronomy and hidden caves and fortresses. The promenades and alleys of main towns will leave you breathless.



# Day 3



## Greece / Mykonos-Delos

📍 Island, Nightlife, Popular

Star level island. Best nights out in the Aegean sea, and, perhaps, in the whole Mediterranean. And star level cultural heritage and history, and well-preserved traditional ways of living and cooking.



# Day 4



## Greece / Patmos

📍 Island

Patmos is called the Jerusalem of the Aegean because the Apocalypse, a Christian book about the end of the World and the Church's destiny, was written here.

# Day 5



## Greece / Kos

📍 Island

Kos is referred to as the garden island among the Greek due to its geography, which allows enough rain. It is spacious and accommodates towns and mountains, flatlands and wetlands, lakes and long beaches. Kos was also home of Hippocrates, the "Father of Modern Western Medicine".



# Day 6



## Greece / Santorini

📍 Island, Popular, Nightlife

The island of spectacular scenery and activities. Red sand beaches, amazing views from the cliffs, traditional villages and full list of amenities.



# Day 7



## Greece / Milos

Popular, Island

Created from lava of a volcano, Milos provides staggering landscape views. For centuries the island was the place in Greece for mining precious obsidian. Try to find a piece of obsidian once you are there.



# Day 8



## Greece / Athens-Piraeus

📍 Mainland port

City where you can find a Roman tomb in the basement of the clothing store and a metro station where you can walk through the remnants of an ancient necropolis.



