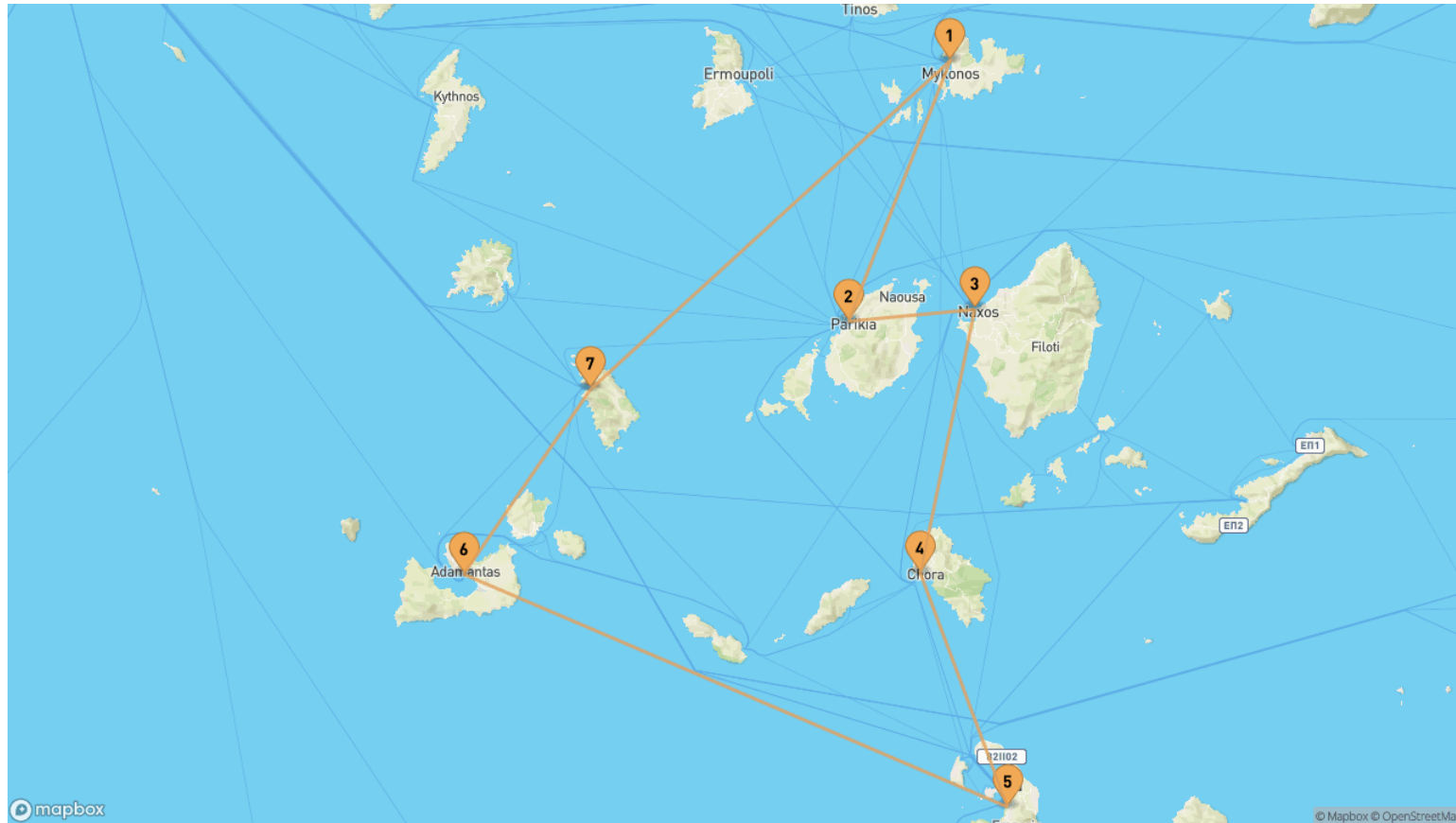




Diving and yoga retreat on a cruise in Greece

<https://embarq.travel/itineraries/yoga-cyclades-cruise/>

- Tags: **Island, Nightlife, Popular**
- Regions / Countries: **Greece**
- Duration: **8 Days / 7 Nights**



Day 1



[Greece / Mykonos-Delos](#)

Island, Nightlife, Popular

Star level island. Best nights out in the Aegean sea, and, perhaps, in the whole Mediterranean.
And star level cultural heritage and history, and well-preserved traditional ways of living and cooking.

Day 2



[Greece / Paros-Antiparos](#)

Island

"Anti" translates in Greek not as negation but as the "opposite" of something. Islands of Paros and Antiparos lie opposite each other and are separated by a narrow strait. It is said they are the most Aegean islands among all of the Aegean. Come and see yourself why that is the case.

Day 3



[Greece / Naxos](#)

Island, Popular

Astoundingly green with vast forests and valleys, blessed with numerous famous local produce like wine, cheese and olives, yet filled with examples of Cycladic culture.

Day 4



[Greece / Ios](#)

Island, Popular

Ios is more than just a famous party island, it also offers best sandy beaches in Europe and tranquil traditional Cycladic villages.

Day 5



[Greece / Santorini](#)

Island, Popular, Nightlife

The island of spectacular scenery and activities. Red sand beaches, amazing views from the cliffs, traditional villages and full list of amenities.

Day 6



[Greece / Milos](#)

Popular, Island

Created from lava of a volcano, Milos provides staggering landscape views. For centuries the island was the place in Greece for mining precious obsidian. Try to find a piece of obsidian once you are there.

Day 7



[Greece / Sifnos](#)

Island

The most Cycladic of Cyclades islands: iconic architecture, bulwark of pottery, authentic cuisine, 360 classic churches and traditionally perfect sandy beaches

Day 8



[Greece / Mykonos-Delos](#)

Island, Nightlife, Popular

Star level island. Best nights out in the Aegean sea, and, perhaps, in the whole Mediterranean.
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